



# **SAN LUIS OBISPO A.L.P.H.A., INC.**

A California Non-Profit Corporation since 1980

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## **The ALPHA Philosophy**

**ALPHA is honored to support women, children and families and believes in healthy pregnancies and strong families.**

ALPHA is a nonprofit organization comprised of caring individuals who are committed to nurturing and protecting our most precious resource - our children. By supporting families during the delicate and critical period of pregnancy and early parenthood, we enhance the family's capacity to thrive. ALPHA is uniquely poised to work together with families early in the transition period to parenthood, and actively educates parents and caregivers about the important role they play in their children's first year. ALPHA's culturally diverse staff and families work together in relationships based on equality and respect, identifying the families' strengths and building on them. ALPHA provides the foundation to support families and ensure that more children are born healthy and reach their full potential.

### **ALPHA is committed to life.**

ALPHA supports life, that of the pregnant woman, the baby, the family, and those who care for the family. Respect for life is ALPHA's core belief. Our approach to services is that of caring, active listening and non-judgmental support, as we assist the client in exploring her situation, wishes, feelings and needs. It is our conviction that the client is the best and only person to make her decision for herself.

If a client requests a referral for an abortion, she is told that ALPHA does not offer that service. We invite the client to explore her options. It is an important decision in her life. Taking time to clarify her decisions can benefit her now and in the future. We also provide non-judgmental support for those experiencing distress or concerns following an abortion.

### **ALPHA takes no position regarding contraception.**

A strong respect for life is promoted and consequently leads us to explore thoughtful behavior with the client. If information regarding natural family planning or contraception is requested, we recommend that the client visits her physician or appropriate medical care provider.

### **ALPHA is committed to direct client services and education in the community.**

ALPHA is a private, nonprofit 501(c)3 organization, independent of any other agency. ALPHA is supported completely by the local community, through donations, fundraising, and small grants.

ALPHA does not engage in political activity, nor do we demonstrate or advocate publicly for any causes.

**ALPHA respects the individual's personal beliefs.**

Respect for the individual's personal beliefs extends to ALPHA's clients, supporters, donors, staff, and volunteers. We take pride in the fact that we are an inclusive organization, rather than an exclusive one. ALPHA is non-sectarian and does not have a religious affiliation.

**ALPHA stands for new beginnings.**

Each moment, each breath taken, is a fresh start filled with hope and possibility for our children and their families.